

VEGGIE & CHEESE

Ingredients	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)
REGULAR															
Cheese	220.00	140.00	16.00	10.00	0.00	50.00	800.00	4.00	0.00	2.00	10.00	12.00	0.00	30.00	0.00
Veggies	22.00	1.50	0.15	0.00	0.00	0.00	10.25	5.25	1.00	3.75	0.50	10.50	15.75	2.25	3.00
Regular French	280.00	50.00	6.00	2.50	0.00	0.00	520.00	47.00	2.00	2.00	9.00	0.00	0.00	8.00	4.00
Veggie & Cheese on White:	522	191.50	22.15	13	0	50	1,330.25	56.25	3	7.75	19.50	22.50	15.75	40.25	7
Cheese	220.00	140.00	16.00	10.00	0.00	50.00	800.00	4.00	0.00	2.00	10.00	12.00	0.00	30.00	0.00
Veggies	22.00	1.50	0.15	0.00	0.00	0.00	10.25	5.25	1.00	3.75	0.50	10.50	15.75	2.25	3.00
Regular Wheat	300.00	35.00	4.00	0.50	0.00	0.00	470.00	56.00	5.00	7.00	14.00	0.00	0.00	2.00	25.00
Veggie & Cheese on Wheat:	542	176.50	20.15	11	0	50	1,280.25	65.25	6	12.75	24.50	22.50	15.75	34.25	28

**condiments are not included in these totals, please add them from the chart below as necessary.*

Ingredients	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)
KING															
Cheese	440.00	280.00	32.00	20.00	0.00	100.00	1,600.00	8.00	0.00	4.00	20.00	24.00	0.00	60.00	0.00
Veggies	35.25	2.25	0.25	0.00	0.00	0.00	16.00	8.25	1.75	6.00	1.00	16.50	24.25	3.75	4.75
King French	550.00	110.00	12.00	5.00	0.00	0.00	1,040.00	95.00	3.00	4.00	18.00	0.00	0.00	15.00	10.00
Veggie & Cheese on White:	1,025.25	392.25	44.25	25	0	100	2,656.00	111.25	4.75	14	39	40.50	24.25	78.75	14.75
Cheese	440.00	280.00	32.00	20.00	0.00	100.00	1,600.00	8.00	0.00	4.00	20.00	24.00	0.00	60.00	0.00
Veggies	35.25	2.25	0.25	0.00	0.00	0.00	16.00	8.25	1.75	6.00	1.00	16.50	24.25	3.75	4.75
King Wheat	430.00	50.00	6.00	1.00	0.00	0.00	680.00	81.00	7.00	11.00	21.00	0.00	0.00	4.00	35.00
Veggie & Cheese on Wheat:	905.25	332.25	38.25	21	0	100	2,296.00	97.25	8.75	21	42	40.50	24.25	67.75	39.75

**condiments are not included in these totals, please add them from the chart below as necessary.*

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CHEESE & CONDIMENTS															
REG. Sub Dressing	115	110	12.5	2	0	0	85	1	0	0.5	0	0	0	0	0
REG. Mayo	60	45	5	0.75	0	5	150	3	0	2	0	0	0	0	0
REG. Mustard	0	0	0	0	0	0	40	0	0	0	0	0	0	0	0
KING Sub Dressing	230	220	25	4	0	0	170	2	0	1	0	0	0	0	0
KING Mayo	120	90	10	1.5	0	10	300	6	0	4	0	0	0	0	0
KING Mustard	0	0	0	0	0	0	80	0	0	0	0	0	0	0	0



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